# Multicultural Health & Support Service (MHSS)

## Community Education Sessions



### What do we do?

The Multicultural Health and Support Service (MHSS), a program of the Centre for Culture, Ethnicity and Health (CEH), aims to address the poorer health outcomes experienced by people from refugee and migrant backgrounds and international students. Our main focus is on sexually transmissible infections (STI's), hepatitis B, and other blood borne viruses (BBV's) like HIV/AIDS.

We work with communities to improve understanding of these health issues and the health sector. We also work with health and community organisations to improve their engagement and service delivery to multicultural communities.

#### Our community education sessions

Along with our focus on STIs and BBVs, our community education sessions also cover healthy and respectful relationships, consent, gender equity, sexual and reproductive health, and cultural understanding. We tailor our information in a culturally sensitive way that decreases stigma and discrimination and empowers individuals and communities.

### Our sessions are 1.5 to 2.5 hours long

- Hepatitis B and C
- Sexually Transmissible Infections (STI's)
- HIV/AIDS
- The Australian health care system
- Sexual and reproductive health (SRH)
- Healthy relationships and consent
- Health effects of stigma and discrimination
- Social implications of alcohol and other drugs

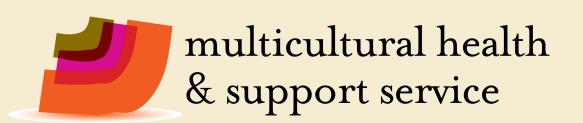
### Book a session today

We provide FREE community education sessions to people from refugee and migrant backgrounds, asylum seekers and international students. A fee may apply to tertiary education providers. We're flexible in our presentations and can explore related topics. We offer face to face and online sessions.

Contact us at enquiries@ceh.org.au to discuss what sessions you would like delivered & how.







# Multicultural Health & Support Service (MHSS)

## Training • Workshops • Groups

### **Training Sessions for Professionals**

We offer training, and resources, to health and community service providers about blood borne viruses (BBVs) & sexually transmitted infections (STIs). We also assist agencies in how best to engage with migrant and refugee communities on highly stigmatized and sensitive topics, such as sexual and reproductive health, in order to improve their capacity to delivery culturally competent service.

Our activities include in person workshops and online webinars, as well as discrete projects and ongoing partnerships. Contact us for upcoming workshops or ask us for tailored training.

### **Advisory Body**

The aim of the group is to support the work of MHSS in the area of sexual and reproductive health (SRH), especially in the areas of STIs and BBVs. Specifically to help us to:

- Review SRH resources
- Identify strategies to support refugee and migrants' SRH needs
- Promote MHSS programs/projects
- Connect with diverse communities

To get involved or for more information, contact:

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### Hepatitis B (HBV) Workshop

As hepatitis B in Australia affects primarily people from migrant and refugee backgrounds, we offer regular workshops on HBV during the year.

These introductory workshops, in partnership with St Vincents Viral Hepatitis Education Unit, are for health and community workers wishing to learn the basics of HBV and effective strategies of working with affected communities.

For upcoming workshops, click here

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