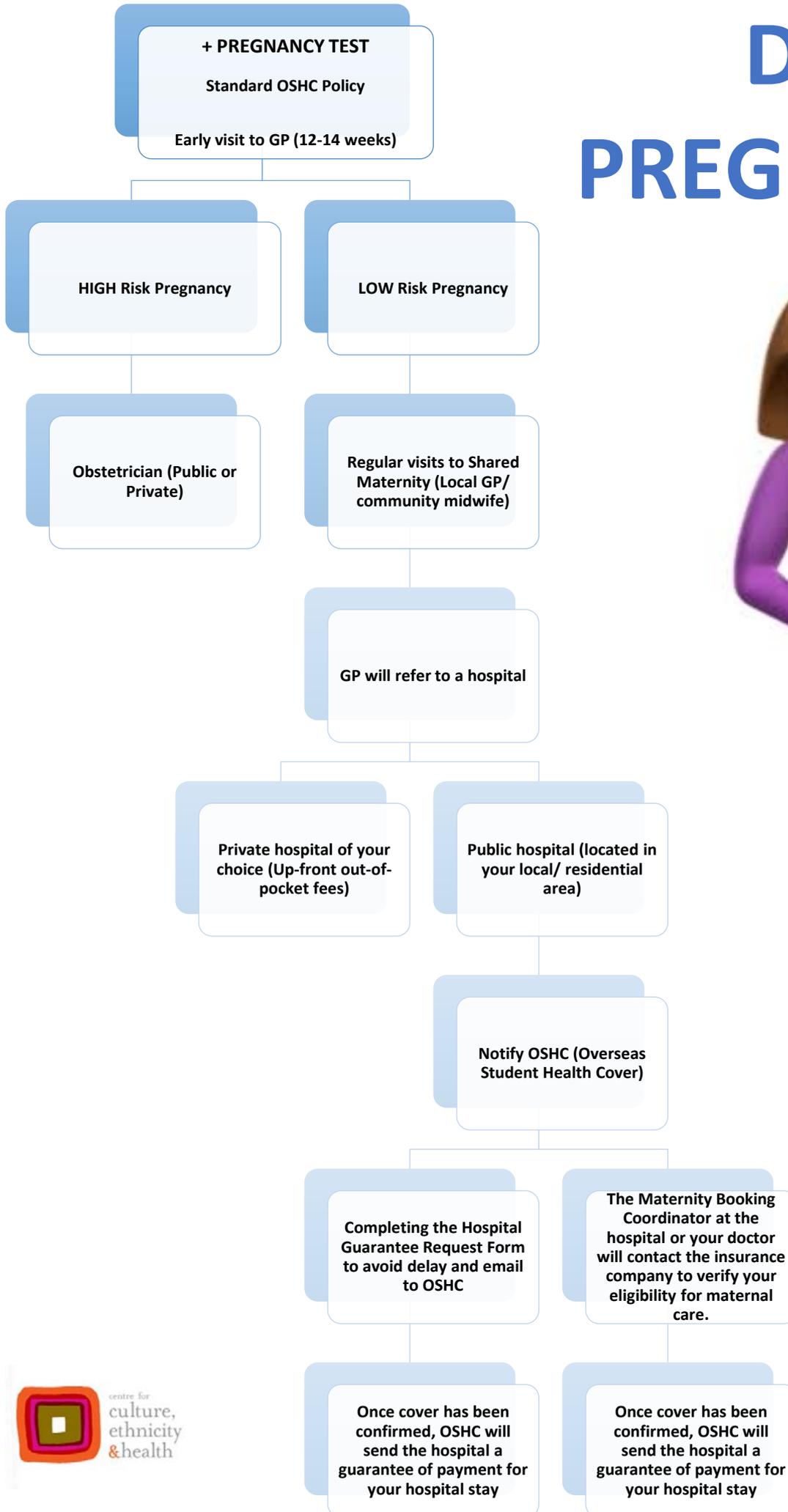


DURING PREGNANCY



POST DELIVERY

You must hold a valid family policy for your child to have health cover. If you do not hold a family policy at the time of birth, treatment for your baby is not covered. Upgrade to family policy before delivery date.

Students have the choice to shop around for the insurance (get insurance from other sources)
Advice: Search before buying insurance.

During Pregnancy:

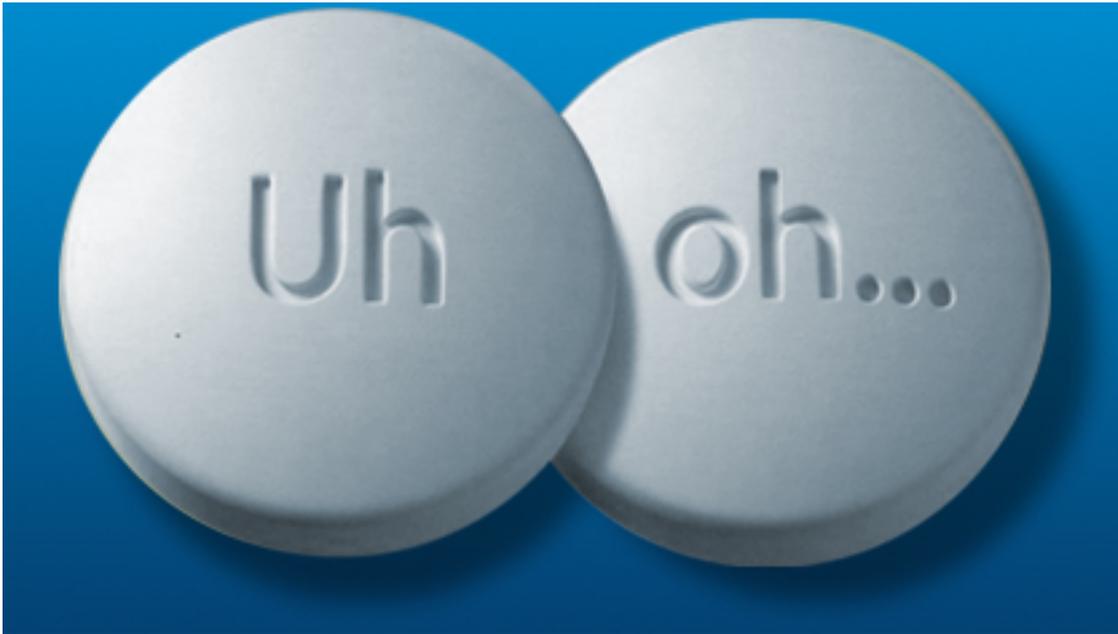
This resource talks about steps on how to use the Overseas Student Health Cover (OSHC) for international student in case there is an unplanned pregnancy.

Post Delivery:

This resource talks about steps to access services for the child after delivery using the Overseas Student Health Cover (OSHC) and other insurance providers.

For more information contact your health insurance provider and consult your doctor.





Whoops! Condom broke? Forgot to use one?

The Morning After Pill/ Emergency Contraceptive Pill is effective for up to 72 hours, but you want to ensure that you take it as soon as possible. This can be taken in case of emergencies, but should not be used on the regular. This pill usually costs around \$16-20.

Head to your local pharmacy, talk to the pharmacist and you can get your pill. Make sure you follow the instructions!

For more information, visit <http://www.deakin.edu.au/students/health-and-wellbeing/counselling/topics-to-explore/healthy-relationships>

And consult your Doctor to discuss other contraception options.

#safesex #useprotection

IT TAKES TWO TO TANGO!

Using a **CONDOM** will help to prevent STIs and lowers the risk of unplanned pregnancy (82% effective) by creating a physical barrier (FPV, 2016)

The **CONTRACEPTIVE PILL** uses hormones to prevent fertilization and unplanned pregnancy (92% effective) (FPV, 2016)



When used consistently and safely, both methods are effective on their own, but are even more reliable when used together!!



For more information, visit <http://www.deakin.edu.au/students/health-and-wellbeing/counselling/topics-to-explore/healthy-relationships>

Sources

<http://www.fpv.org.au/for-you/contraception/barriers-you-will-need-to-use-every-time-you-have-sex/condom-male>, accessed 02/08/2017

Image <https://justaskshawna.wordpress.com/tag/talking-about-sex/>, Accessed on 02/08/17