ENGLISH	KAREN
Child, family and relationship services	ဖိသဉ်•ဟံဉ်ဖိဃီဖိနီးတာ်ရူလိဉ်မှာ်လိဉ်အတာ်မာစာအတာ်ဖံးတာ်မာတဖဉ်
glossary	
This information has been drawn from a range of healthcare	တဂ်ဂါတဂ်ကို၊တခါအံးဘဉ်တဂ်ထုးနှင်္ဂအီးလ၊တဂ်အိဉ်ဆူဉ်အိဉ်ချုတဂ်ကွဂ်ထွဲ
and government websites	ကဟုကယာ်ငီးပင်္ခာပၦာ်အၦာ်ယဲးဘူးစဲအါမံးအါကလှာ်အအိုာ်နှဉ်လီး
1. Adolescence:	1.တာ်လိဉ်ဘီဘိထိဉ်–
The period of physical and emotional changes from childhood to adulthood. 'Early adolescence' occurs from 10-14 years, and 'late adolescence' from 15-19 years.	တာ်ဆာကတီာ်ဖဲနှိုခ်ိနှီးခ်ိနီးသးတာ်တူာ်ဘဉ်ဆီတလဲအသးလာဖိသဉ်အကတီာ်ဆူသးပာ နှဉ်လီး. "တာ်လိဉ်ဘီဘီထိဉ်လာအဆိ"ကဲထိဉ်ဝဲဒဉ်စးထိဉ် 10-14 နှံဉ်,နီး "တာ်လိဉ် ဘီဘိထိဉ်လာခံ"နှဉ်စးထိဉ် 15-19 နှံဉ်နှဉ်လီး.
2. Allied Health:	2.ဆုဉ်ချဂ့ၢ်ဝီတာ်မာဃုာ်သက်ိးတာ်–
Allied Health professions are health care jobs such as physiotherapists, social workers, speech therapists, or occupational therapists. They require university qualifications. This term does not include nurses, doctors, dentists and pharmacists.	ဆျဉ်ချဂ့်၊ဝီတာ်မေးယှာ်သကိုးတစ်ခြင်္ခနီးနှဉ်မှာ်တစ်အိဉ်ဆျဉ်အိဉ်ချအတစ်ကွစ်ထွဲကဟုကယာ်အတာ်မေးတဖဉ်လာအမှာ်တစ်သိုး သရဉ်သရဉ်မှဉ်ကူစါယါဘျါထျဉ်ပျာ်,စုအဆာခြီဉ်အဆာတစ်ပူးသဲ့ဂဲလာ ပူးဂဲ့၊ဝီအပူးမေးတစ်တဖဉ်,သရဉ်,သရဉ်မှဉ်ကူစါတစ်ဂ့်၊ကီလာ တစ်သွဲ့စီးသဲ့ကတိုးဂဲ့၊ဝီ,မဲ့တမ့်၊သရဉ်,သရဉ်မှဉ်ကူစါယါဘျါနီ ရိတ်ပားသဲ့ဂဲလ ဘဉ်ဂဲ့၊ဝီတဖဉ်နှဉ်လီးတော်ကတိုးတဖျာဉ်အာံးတဟ်ဃုာ်သရဉ်,သရဉ်မှဉ်ကွစ် ပူးဆါ,ကသံဉ်သရဉ်,မဲကသံဉ်သရဉ်နီးအပူးကျဲဉ်ကြို,ဖီကသံဉ်(ပူးဆါကသံဉ်ဖိဉ်ဖိ)တဖဉ် ဘဉ်.
3. Attachment:	3.တာ်ထဲဉ်အတာ်သးစဲဘူး–
A strong emotional bond between an infant or toddler and primary carer (such as mother, father or guardian). Attachment is essential for the child's normal behavioural and social development.	သးအတါတုုံဘဉ်အတါစာယာ်လိာ်သးလာအဆူဉ်တခါလာဖိသဉ်အိဉ်ဖျဉ်သီမ့တမ့ၢဖိသဉ် ဟးလာအခ်ီဉ်သ့တဖဉ်ဒီးအပျာကွုံထွဲကဟုကယာ်အီး(အဒိဒိမိၢ,ပါမ့တမ့ာ်ပျာကွာ်ထွဲကဟု ကယာ်တာ်)အဘာဉ်စားနှဉ်လီးတာ်အဲဉ်အတာ်သးစဲဘူးနှဉ်အကါဒိဉ်ဝဲဒဉ်လာဖိသဉ်အသကဲာ်ပဝးဒီး ပျာဂုုံဝီအတာ်ဒိဉ်ထီဉ်ထီထီဉ်လာအဘဉ်လီၫဘဉ်စး(အဂ်ီ)နှဉ်လီး
4. Attunement:	4.တာ်မာဘဉ်လိာသးဖီးတာ်အိုဉ်သး–
A feeling of being 'at one' or 'in harmony' with another person.	တာ်တူာ်ဘဉ်တခါလာအမှာ်တာ် အနှာ်ဘူးစဲတာ် (တမံးဃိ)မဲ့တမှာ် အိဉ်ယူအိဉ်ဖိး ဝဲဒဉ်ဒီးပျာအဂဏာကနှဉ်လီး
5. Carer:	5.ပှၤကွၢ်ထွဲကဟုကယာ်တာ်–
This word is used along with parent/guardian as the person who is responsible for caring for a child.	တာ်ကတိၤတဗျာဉ်အံးတာ်သူအီးယုာ်ငီးမိာ်ပာ်,ပှာကွာ်လုၢ်ငိဉ်ထိဉ်တာ်င်ပှာတဂၤလာအအိဉ်ငီးမူဒါလာ တာ်ကွာ်ထွဲကဟုကယာ်ဖိသဉ်တဂၤအင်္ဂါန္ဉ်ာလီး









6. Childcare (or Day Care):	6.တါကွါ်တွဲကဟုကယာ်ဖိသဉ်(မူတမှါတါကွါ်တွဲကဟုကယာ်လာမှါဆါခီ)–
Care provided, usually during the day, by a person other than the child's parent/guardian. Childcare usually takes place at a Child Care Centre. It can also be provided by a qualified carer in their own home as 'Family Day Care'.	တာ်ဟုဉ်တာ်ကွာ်ထွဲကဟုကယာ်လာညီနှစ်ကဲထီဉ်စ်မုာ်ဆါခ်ီအကတီးခ်ီဖိုပျာတဂလာအအါနှုံးးဖိသဉ်အမိုး အပါ့ ပျာကွာ်လုုံးစိဉ်ထီဉ်တာ်နှဉ်လီး တာ်ကွာ်ထွဲကဟုကယာ်ဖိသဉ်နှဉ်ညီနှစ်ကဲထီဉ်ဝဲစဉ်လာတာ်လီး လာတာ်ကွာ်ထွဲကဟုကယာ်ဖိသဉ်အဝဲးလီးတခါအပူးနှဉ်လီး ပျာကွာ်ထွဲကဟုကယာ်ဖိသဉ်လာအအိဉ်လာပြားဒီးကာံစီတဂၤ ဟုဉ်စ့ာ်ကီးတာ်အာံလာအဝဲသ္ဉာ်အနီးကစာ်အဟံဉ်အဃီအပူးစ် "ဟံဉ်ဖိဃီဖိမုာ်ဆါခ်ီတာ်ကွာ်ထွဲကဟုကယာ်တာ်"အသီးသူနှဉ်လီး
7. Childcare Benefit:	7.တါကွါ်ထွဲကဟုကယာ်ဖိသဉ်အတါနှါ်ဘျူးနှါဖိုဉ်–
A payment from the Australian Government that helps parents and families with the cost of childcare. This benefit can be taken as a single payment made at a particular time (a 'lump sum') or as reduced childcare fees.	တာ်ဟုဉ်အလ်တခါလာအအိဉ်ဟဲဝဲဒဉ်လာအီးစတြှလယါအပဒိဉ်အအိဉ်လာအမာစားမိာပါဒီးဟံဉ်ဖိဃိဖိတဖဉ်ဃုာ်ဒီး တာ်အလဲလာတာ်ကွာ်ထွဲကဟုကယာ်ဖိသဉ်နှဉ်လီး တာ်နှာ်ဘျိုးနှာ်ဖြိဉ်တခါအားတာ်ဟုံးနှာ်အီးဒ်တာ် ဟုဉ်အလဲတခါဧိုးလာတာ်ဟုဉ်လီးအီးလာတာ်ဆာကတို်လီးလီးဆီဆီတခါ("ခဲလာ်ခဲဆဲ့") မှတမှာ်ဒ်တာ်မာရားလီးတာ်ကွာ်ထွဲကဟုကယာ်အလဲတဖဉ်သဲ့ဝဲနှဉ်လီး
8. Child development:	8.ဖိသဉ်အတၢ်ဖိဉ်ထီဝီဝီထီတီဉ်–
Refers to the physical, emotional and language changes that occur in a child from birth to the start of adulthood (it includes adolescence). During this time a child progresses from dependency on their parent/guardian to increasing independence. Child development occurs during predictable time periods, called 'developmental milestones'. These periods vary from child to child.	ဘဉ်ထွဲဝဲနဉ်းနှိုခ်နှိုခ်ိန္နိုင်ငံး တာဆာကတိုံတခါအံးအကတိုံဖိသဉ်တဂၤဂုာ်ထီဉ်ပသိထိဉ်ဝဲနဉ်လာတာသန္းထီဉ်သးလာအဝသ္၌ အမိုးအပါ့မှုကျွာ်ထွဲလုံးနိုင်တဲ့အအေခိုင်ဆုတာသံ့ဆာထာဉ်လာအခိုင်အခြဲထိုင်လုံး မိသဉ်အတာဖြင့်တို့ထိထိခိုက်ထီဉ်ဝဲနေဝဲဖတာဆာကတိုံလာတာတယာာ်ဆိုဟ်အီးသံ့အကတိုန်္နတာကိုး အီးနိ်တိုင်ထီဝိထီထိခိုအလာရ်ထုဉ်တာဟိပေနိုင်တဖဉ် နှင့်လုံး တာဆာကတိုးသူဉ်တဖဉ်အံးလီးဆီဝဲနော်လာဖိသဉ်တဂၢဆူအဂၤတဂၤန္နာ်လီး
9. Child Protection:	9.တါဖီသဏဖိသဉ်–
The Victorian Child Protection Service is for children and young people at risk of harm or where families cannot, or do not want to, protect them and keep them safe. They may investigate what is happening, refer children and families to support services, or, in more extreme cases, place children in other accommodation.	ဘံးထိရံယဉ်ဖိသဉ်တါဒိသဒာအတါမာစာအတါဖံးတါမှာ (Victorian Child Protection Service) မှါဝဲဒဉ်လ၊ဖိသဉ်ဒီးသးစါလ၊အအိဉ်လ၊ တါမာဘဉ်ဒိဘဉ်ထံးအီးအတါလီးပျုံမဲ့တမ့်ါစဲဟံဉ်ဖိယိဖိတဖဉ်ဒီသဒာအဝဲသ့ဉ်ဒီးဟ်အဝဲသ့ဉ်ပူ ပူဖြုံးမ့ာ်တသုံ့မှတမှုါမ့ာ်တအဲဉ်ဒီးမာဝဲဒဉ်အခါနှဉ်လီးအဝဲသ့ဉ်ကယိထံသံ့ဉ်ညါတာမြနုးကဲထီဉ် ဝဲဒဉ်လဲဉ်,ဆူယီးဖိသဉ်ဒီးအဟံဉ်ဖိယိဖိတဖဉ်ဆူတာ်ဆီဉ်ထွဲမာစာအတာ်ဖံးတာ်မာအအိဉ်အလာိ်,မဲ့တ











	မ့်ာ်လာတာ်ဂါ့လာအနီးတလာကွံဉ်အခါးတဖဉ်အင်္ဂါအဝဲသ့ဉ်ဟ်လီးဖိသဉ်တဖဉ်လာအဝဲသ့ဉ်အတာ်အိဉ် တာ်ဆီးအိဉ်ကနအလိါနှဉ်လီး
40 Confidentiality	
10. Confidentiality	10.တာ်ဟ်တာ်ဂ့ာ်န်အမှာ်တာ်ခုသျဉ်-
This means that the information you give to a healthcare	တာ်အံးအခ်ီပညီမှာ်ဝဲနော်လာတာ်က်တာ်ကိုးလာနဟ့န်အီးဆူတာ်အိန်ဆူန်အိန်ချုတာ်ကွက်ထွဲကဟု
professional about your child is private. The healthcare	ကယ႒်အပူးစဲဉ်နီးတဂၤအအိဉ်လ၊အဘဉ်ဃးဒီးနဖိအံးအံးမ့ါတၢ်လ၊အဘဉ်ဃးဒီးနီါတဂၤန္ဉ်ာလီး
professional must get your agreement before sharing the	တာ်အိဉ်ဆှဉ်အိဉ်ချတာ်ကွာ်ထွဲကဟုကယာ်အပျာစဉ်နီးအံးကဘဉ်မးနှာ်တာ်အာဉ်လီးလာနအိဉ်တချူးတာ်နီးဟ့ဉ်ဝဲတာ်ဂ့ာ်
information with anyone. They need your permission	တာ်ကြိုးအီးဒီးပူးတဂုလာ်လာ်အခါနှဉ်လီး အဝဲသူဉ်လိဉ်ဘဉ်နတာ်ဟုဉ်တာ်ပြုံတာ်
('consent') to share your information. There are exceptions	အာဉ်လီးဟုဉ်အခွဲး"လာတါကနီးဟုဉ်နတာဂ်ဂါတာကြိုးနှဉ်လီး-တာ်ကွာ်ကဟ်ကွံာ်တာါဂ့ာ်အံးသဲ့ဝဲဒဉ်ဖဲ
of this when a health professional suspects child sexual	
abuse; if this is the case they may be 'mandated' (obliged)	တာ်အို ခ်ဆုခ်အို ခ်ချ်အပျာစ်ခန်းတဂၤမ့ာ်ဆိကမိခ်လာတာ်မလာရီတပါဖိသဉ်မှဉ်ခွါကာ့ ဂြီးမာ့ အိုခြံ့စံတာ်အံး
to report it.	မ့တမ့်၊တာဂ်ဂ်္ဂန္ဉ်ာအဝဲသ့ဉ်တာ်ဟ့ဉ်လီးအီး "စိကမီး"(မူဒါ)လာအကဟ်ဖျါထီဉ်တာ်ဂ်ုန့်ဉ်လီး
11. Coping skills:	11.တာ်သူကျွာ်ဆာဉ်မ်ာ်တာ်ကီတာ်ခဲ့အတာ်သူတာ်ဘဉ်တဖဉ်–
Methods a person uses to deal with stressful situations.	ကြိုးကွာ်တဖဉ်လ၊ပု၊တဂၤသူဝဲဒဉ်လ၊တ)်ကကွာ်ဆျဉ်မဲဉ်တ)်အိုဉ်သးလ၊အမ၊သူဉ်ကို၊်သးဂီးတ)်တ
	ဖဉ်နှဉ်လီး
12. Counselling:	12.တါဟုဉ်ကျဉ်တဲသကိုးတါ–
A conversation or series of confidential conversations	တာ်တဲသက်းတာ်တခါမ့တမ့ာ်တာ်တဲသက်းတာ်တဘျူးဘိုလာတာ်ဟ်အီးဇ်တာ်ခူသူဉ်တဖဉ်လာ
between a counsellor and a client. As a parent, counselling	ပု၊ဟုဉ်ကူဉ်တဲသက်ိုးတါဒီးပု၊မ၊န္ဒါသူတါမ၊ၜၢတဂၤအဘာဉ်စာန္ဉ်ာလီ၊ ့န်မိါပါတဂၤအသိုး,
can help you with a specific problem and to take the steps	တာ်ဟုဉ်ကူဉ်တဲသကိုးတာမြာစားနားမီးတာ်ဂုာ်ကီလီးလီးဆီဆီတခါသူဝဲဒဉ်မီးတာ်ကခါခီဉ်ခ်ီဉ်ခါလာတာ်ကဟုံးထီဉ်ဖိဉ်ထီဉ်
to address or solve it. It can also help you make a decision	မှတမှါဃှဉ်လီးဘျဲလီးအီးနှဉ်လီးတါအီးမ၊စားစ့ါကီးနာလ၊တာါကမ၊တာ်ဆ၊တာ်ပဲနမ္ါတသံ့ဉ်ညါလီးတံာ်တါလ၊
when you are unsure what to do.	နကမၢအီးအခါဘဉ်နှဉ်လီး
13. Crisis Support:	13.တာ်နားတာဖြိဉ်အကတိာ်အတာ်ဆီဉ်ထွဲမာစား–
Services that can help you if your family is experiencing a	တာ်မာစားအတာ်ဖုံးတာ်မာတဖဉ်လာအမာစားနာသဲ့ဝဲနော်ဖွဲနဟံခိုဖိုးလီဖိအားလာခ်ီဖြိုဘဉ်ဝဲနော်တာ်
crisis (for instance if there is violence in the home or when a	နးတၢ်ဖြီဉ်(အဒိန္ဍဉ်ဖဲတၢ်စုဆျဉ်ခ်ီဉ်တကးတခါမ့်၊အိုဉ်လ၊ဟံဉ်အပူးမှတမ့ၢ်ဖဲဖိသဉ်တဂၤမ့်၊အိဉ်
child is at risk of harm due to abuse or neglect). These	ဝဲနဉ်လ၊တာ်မ၊ဘာ် နိဘဉ်ထီးအတာ်လီးပျုံးတခါမှာ်လ၊တာ်မ၊တရီတပါမှတမှာ်တာ်တကနဉ်ယှာ်
services can generally be accessed through an emergency	အီးဘဉ်အဃိန္ဉ်ာလီး.)တ်၊မာစားအတၢ်ဖံးတ၊်မာသ့ဉ်တဖဉ်အံးညီနှုံတၢ်မာနှုံအီးခီဖြိတာ်ကိုးဂဲ့၊ဂ်ီးအူလီတဲစိအနီါ
phone number, such as 24-hour Child Protection Crisis Line (13 12 78), Lifeline (13 11 14) or Emergency Services (triple	င်္ဂါတခါလာအဓိမ္နာ်ရဲ၂၄နှဉ်ရံဉ်တၢ်နီသစ္စမိသဉ်တာန်းတာဖြီဉ်ဂ့ဂ်ဝီအလီကြို (24-hour Child Protection Crisis Line)
zero or 000).	လ၊(13 12 78,လီကိုုသမှ(Lifeline)လ၊(13 11 14)မှတမှါဂ္ဂါဂီးအူတါမာစားအတါဖံးတာ်မာတဖဉ်(Emergency
	Services)လာအမ္နာ((၁းသာဏှဉ်မှတမှ $1000$ )နှဉ်သူလီး
	1 - 2 - 2 - 2 - 2 - 2 - 4 - 2 - 2 - 2 - 2











1.00	
14. Developmental delay:	14.တၢိန်ဉ်ထီဉ်ထီထီဉ်ဂ့ၢ်ဝီအတၢ်စၤခံ–
This occurs when a child has not reached expected progress (called 'developmental milestones') for their age. For example, if the normal range for learning to walk is between 9 and 15 months, and a 20-month-old child has still not started walking, this would be considered a developmental delay.	တာ်အံးကဲထိဉ်ဝဲနဉ်စဲဖိသဉ်တဂၤတတုၤထိဉ်ထိဉ်ဘးတာ်က်ထိဉ်ပသီထိဉ်လာတာ်မုာ်လာ်ဟိအီး(လာတာ်ကိုးအီးလာ" တာ်နိုင်ထိန်ထိထိဉ်အလာကျငှာ်တာ်ဟိပနိုင်တဖဉ်" - 'developmental milestones') လာအဝဲသဲ့ဉ်အသးနှံဉ် အင်္ဂါနှဉ်လီး အနိန္ဉာ်,စဲပတီာ်မုာ်တာ်ဟိပနိုင်္ဂလာတာ်မာလိန္နာ်တာ်ကဟားဝဲနော်နှဉ်ကမာ့ဂ်နော်စဲ9လါဒီး 15လါအဘာဉ်စား,ဒီးဖိသဉ်အသးအိုဉ် 20လါတဂၤအမာ့်တဟား သော်နှဉ့်,တာ်အံးတာ်ကဆိကမိဉ် အီးန်အမာ့်တာ်နိုင်ထိတိတိထိတိုအတာ်စားခံတခါနှဉ်လီး.
15. Domestic/Family violence:	15.ဟံဉ်ပူဃီပူ,ဟံဉ်ဖိဃီဖိတာ်စုဆျဉ်ခီဉ်တကး–
Domestic violence is also known as family violence, relationship violence, intimate partner violence or child abuse. It describes on-going abusive behaviour through which a person seeks to control and dominate another person. This includes not only physical injury but direct or indirect threats, sexual assault, emotional and psychological torment, economic control, damage to property, social isolation and any behaviour which causes a person to live in fear. It may happen between parents or carers but also between other family members, such as violence between siblings or between parents and children.	ဟံဉ်ပူးယိပူးတါစုဆျဉ်ခ်ီဉ်တကးနှဉ်တါသဲ့ဉ်ညါစ့ါကီးအီးဒ်ဟံဉ်ဖိဃိဖိတါစုဆျဉ်ခ်ီဉ်တကား,တါရ့ လိာ်မှာ်လိာ်အတါစုဆျဉ်ခ်ီဉ်တကား,တံးသကီးတီ၊နီါအတါစုဆျဉ်ခ်ီဉ်တကားမဲ့တမဲ့၊တာ်မ်းတရီတပါဖိသဉ်နှဉ်လီး. တါအီးအဟ်ဖျါတါသကဲာ်ပဝးလာအပွဲးတာမြီးတရီတပါလာအကဲထီဉ်အသီးဆူညါခ်ီဖို့ တာ်အီဉ်သီးလာပျာတဂ်းမာနှစ်တာပာဆျဉ်းနိုးနိုင်စီစဲနဉ်လာပျာအက်တက်အဖိခိုင်နှဉ်လီး တာအီးဟ်ယုာ်ဟိဂိါတာလာတမဲ့၊ ထဲနော်နီးခ်ီနီးခ်ီအတာ်ဘဉ်ဖိဘဉ်ထုံးဘဉ်မှမ့်၊တခ်ိတ်မဟိုတာမြီးပျုံးမေးတာ်လီးလီး မဲ့တမဲ့၊တမီးပျုံးတာ်ဖုံးတာ်တလီးလီးဘဉ်တဖဉ်,မှဉ်နွှါကဲ့၊ဂိုးအတာမြီးဆျဉ်မာစိုး,သီးတာတြာဘဉ်ဖိုးသား တာ်ဆီကမိဉ်ဆိကမားဂဲ့၊ဝိအတာမ်းဆါန်းနားကလာန်,တာဖြီဉ်ဆီးလာမုာကျိုးဝဲကွာန်,တာမ်းဘဉ်ဖိတာစု လီဂိခိုဉ်ခိုင်,တာရုံးအိုင်ယုံးနီးပူးကူပူးကညီနီးတာ်သကဲာ်ပဝးတခါလာလာလာအနားကဲထီဉ်ပူးတက် ကအိုင်မူလာတာပျုံးတာဖုံးအပူးနှဉ်လီး တာအီးဘဉ်တဘဉ်ကကဲထီဉ်ဝဲနဉ်လာမိုးပါတဖဉ်မဲ့တမ့ာပြုး ကွက်ထွဲကဟုကယာာ်တာတဖဉ်အဘာဉ်စားသနာ်ကဲ့လာဟာဉ်ဖိယ်ဖိလာအက်တစဉ်အဘာဉ်စာစုံကီးကဲ ထီဉ်ဝဲနော်နှင်လီး အနိန္ဉ်တစ်စုဆျဉ်ခ်ိုတက်းလာနီပုံဝဲဂ်တဖဉ်မဲ့တမ့ာမိမိုးပါဒီးဖိတဖဉ်အဘာဉ်စားနှဉ်လီး
16. Early Parenting Centres (sometimes called 'sleep schools'):	16.တာ်ကဲထီဉ်မိာ်ကဲထီဉ်ပါလ၊အဆိအဝဲးလီာ်(တဘျီတခ်ီဉ်တာ်ကိုးအီးလာ"ကွိမံတဖဉ်" - sleep schools') –
Provide support to parents of young children. They include helping parents learn how to help their babies go to sleep and stay asleep.	ဟ့ဉ်တာ်ဆီဉ်ထွဲမောဆူမိုးပါလာအအိဉ်ဒီးအဖိသးစာ်တဖဉ်နှဉ်လီးတာ်သ့ဉ်တဖဉ်အံးဟ်ယှာ်တာ်မင စာမိုးပါတဖဉ်လာတာ်ကမလိန္နာ်ကျိုးကွာ် လာတာ်ကမာစာအဖိဆံးလာအကမံဘဉ်အသးဒီးမံဝဲဒဉ်ဆူညါနှဉ်လီး











17. Flashbacks:	17.တါသ္ဉ်ာနီဉ်ထီဉ်ကဒါတါလာအကဲထီဉ်အသးလာအပူးကွံဉ်တဖဉ်–
Sudden re-experiencing of events from the past. For children who have experienced trauma, flashbacks can be very frightening. They are usually directly related to these traumatic events. Specific feelings, loud noises, tiredness and stressful situations can cause flashbacks.	မှါတါသံ့ဉ်နိုဉ်လဲ၊ခ်ိဖြိကဒါတါမာအသးလာအပူးကွဲဘ်တဖဉ်သတူကလာန့်၌လီး.လာဖိသဉ် တဖဉ်လာအလဲ၊ခ်ိဖြိတ္ခါဘဉ်ဝဲနဉ်တါမာအသးလာအကဲတာပြုံးတီါတာါဆါတဖဉ်အ ဂိၢိႇတါသံ့ဉ်နိုဉ်ထိဉ်ကဒါတာလာအကဲထိဉ်အသးလာအပူးကွဲဘ်ကဲတာါလာအလီးပျုံးလီးဖုးနိဉ်နိဉ်ကလာသဲ့နှဉ်လီး. ညီနှစ်တါသံ့ဉ်တဖဉ်နှဉ်ဘဉ်ထွဲအသးလိုးလီးနီးတစ်ကဲထိဉ်အသးလာအကဲတာ်လီးပျုံးတဖဉ်နှဉ်လီး. သးတာတြာဘဉ်လီးလီးဆီဆီ,တာ်သီဉ်နိဉ်နိဉ်ကလာဘ်တဖဉ်,တာ်ဘုံး တာ်တီးနီးတာသျဉ်ကိုသားဂီးအတာ်အိဉ်သးတဖဉ်နားကဲထိဉ်တာ်သံ့ဉ်နိုဉ်ထိဉ်ကဒါတာ်လာအကဲထိဉ် အသးလာအပူးကွဲာ်တဖဉ်သံ့နှဉ်လီး.
18. Foster care:	18တာ်ကွာ်ထွဲကဟုကယာ်လှာ်ဖိဉ်ထီဉ်–
Placing a child in the temporary care of a family other than their own. This may be as the result of problems that are taking place within the birth family, or while an adoption is being organised.	တာ်ဟ်လီးဖိသဉ်တဂၤလာဟံဉ်ဖိဃီဖိအါနှာ်ဒီးအဝဲသ့ဉ်အဟံဉ်ဖိဃီဖိလာတာ်ကွာ်ထွဲကဟုကယာ်တာ်တစိာ်တလီာအဂ်ိုနှဉ်လီး တာ်အားဘဉ်တဘဉ်မှာ်တာဂ်ာကိလာအကဲထိဉ်လာအဟံဉ်ဖိဃီဖိလာအအိဉ်ဖျဲဉ်ထိဉ်ဝဲဒဉ်တဖျာဉ်အပူးအဃိ,မ့တမှာ်ဖဲတာ်ကွာ်လုံ ဖိအတာ်မာအားတာရဲဉ်ကျဲးမာအားအခါနှဉ်လီး
19. Harm:	<b>19.</b> တာ်မာဘဉ်ဖိဆါ–
Means 'injury'. It can be physical, psychological, sexual or due to neglect. 'Self-harm' describes what happens when you intentionally hurt yourself.	အခ်ိပညိ"တါဘဉ်ဒိဘဉ်ထံး"နှဉ်လီးတါအားကဲနိုါခ်ိနိုါခ်ိန်ှိုသး,တာကြမှဉ်ကဲခွါဂုၢ၀ိမ့တမှာ်မှာ်လ၊ တာ်တကနဉ်ဃုာ်အီးအယိသဲ့ဝဲနှဉ်လီး. "တာ်မာဘဉ်ဒိဆါလီးသး"ဟ်ဖျဲထိဉ်တာ်လာအကဲထိဉ်ဖဲနမာဆါလီး နသးပြဲးတာ်ပညိဉ်တိာ်ဟ်နှဉ်လီး.
20. Immunisation/Vaccination:	20.တာ်ဆုံးနှာ်ကသံဉ်ဖီသဏတာ်ဆါ,တာ်ဆုံးကသံဉ်ဖီသဏ–
Medicines, given to children and adults, usually by injection, to prevent them from getting diseases. Immunisation protects against harmful infections before coming into contact with them. Immunisation uses the body's natural defence mechanism - the immune response - to build resistance to specific infections. 'Immunisation' is the term used to describe two things: getting a vaccine and then becoming immune to the disease as a result of this vaccine.	ကသံဉ်ကသိတဖဉ်အံးတာ်ဟာ့ဉ်လီးအီးဆူဖိသဉ်နီးသီးပျာတဖဉ်နည်နုံခြံဖြိုကသံဉ်ဆီးလာတာ် ကနိသစးအဝဲသံ့ဉ်လာတာ်မနေ့်ာက်ဆူးတာ်ဆါတဖဉ်နှဉ်လီး တာ်ဆီးနေ့ ကသံဉ်နီသစာတာ်ဆါ အံးနီသစးထီပေါဝနဉ်တာ်ဘဉ်ကူဘဉ်က်လာအမာဘဉ်နီဘဉ်ထီးတာ်တဖဉ်တချုး အဟဲဘဉ်အဝဲသံ့ဉ်နှဉ်လီး တာ်ဆီးနေ့ ကသံဉ်နီသစာတာ်ဆါအံးသူဝဲမိာ်ပျာအနု့ဆာဉ်တာ်နီသစာ—င်္ဂါတြီဆာ တာ်ဆါအတာ်ခ်ီဆာ—လာတာ်ကသူဉ်ထီဉ်တာ်တြီဆာဝဲနော်တာ်ဘဉ်ကူဘဉ်က်လီးလီးဆီဆီနေ့ဉ်လီး တာ်ဆီးနေ့ ကသံဉ်နီသစာတာ်ဆါ ('immunisation') အံးမှာ်တာ်ကတိုးအဖျာဉ်လာတာ်သူအီးလာတာ် ကဟ်ဖျာထီဉ်တာ်ခံမံး—မာနေ့ာ်တာ်ဆားကသံဉ်နီသစာဝံးအလီာခံကအိဉ်ထီဉ်နီးင်္ဂါလာအကတြီဆာ တာ်ဆူးတာ်ဆါန်အမှာ်တာ်အစာလာအအိဉ်ထီဉ်ခ်ီဖိုုကသံဉ်နီသစာတခါအံးအယ်နေ့ဉ်လီး











Justially applied to young children between the ages of one nonth and 12 months. Definitions may vary and may neclude the time between birth and two years of age.  22. Maternal & Child Health Service:  A service for families with children aged from birth to school age that supports and monitors the health of both mother and child, as well as the child's developmental progress.  23. Occupational Therapist (or 'OT'):  These workers focus on a child's ability to perform their daily activities. They aim to improve a child's independence. They have particular skills in problem solving, and breaking down acquirement can help a child become more independent.  They can also provide advice and assistance on what equipment can help a child become more independent.  A doctor who specialises in the health of babies, children and young people.  A professional that supports skills development in the areas  A professional that supports skills development in the areas  Justicial School Health Service:  22. \$\frac{3\frac{3}{2}}{3}\text{sup}	Usually applied to young children between the ages of one month and 12 months. Definitions may vary and may include the time between birth and two years of age.  22. Maternal & Child Health Service:  23. Maternal & Child Health Service:  24. Maternal & Child Health Service:  25. Maternal & Child Health Service:  26. Services that provide information, support and education to parents and carers of children aged 0-18 years.  26. Physiotherapist:  27. Maternal & Child Health Service:  28. Maternal & Child Health Service:  29. Maternal & Child Health Service:	21. Infant:	21.ဖိသဉ်ဆုံး–
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A doctor who specialises in the health of babies, children အကို သင့်သရဉ်လက္ခမာတာလိုးလီးဆီဆီလာဖိသဉ်အီဉ်နှာ်,ဖိသဉ်နီးသႏာစာအတာ်အိဉ်ဆူဉ် အကd young people.  26. Physiotherapist:  A professional that supports skills development in the areas  တာ်အိဉ်ဆူဉ်အိဉ်ချအပျစ်ဉ်နီးတဂၤလာအဆီဉ်ထွဲတာ်သုတာ်ဘဉ်တာ်နိဉ်ထီဉ်	A doctor who specialises in the health of babies, children and young people.  ကသံဉ်သရဉ်လၢအမလာဂ်လီးလီးဆီဆီလ၊ဖိသဉ်အီဉ်နှ႞,ဖိသဉ်နီးသႏာစစ်ဆက်အိဉ်ဆူဉ် အိဉ်ချုအဂ်ိုန္နဉ်လီး.  26. Physiotherapist:  A professional that supports skills development in the areas of physical movement, posture and balance. They can teach you how to help you child with better movement where product.  A doctor who specialises in the health of babies, children ကသံဉ်သရာပြဲလေးဆီဆီလ၊ဖိသဉ်အီဉ်နှ႞,ဖိသဉ်နီးသႏာစစ်ဆက်အိဉ်ဆုံခဲ့သည် သိမ္မာတိုင်နှိုခြံနှိုခဲ့သည် သင်္ကသည်	parents and carers of children aged 0-18 years.	ပှးကွာ်ထွဲကဟုကယာ်တစ်တဖဉ်လာအဖိလာအသီးနှံဉ်အိဉ်ဝဲပီ-18 နှံဉ်တဖဉ်အင်္ဂါနှင့်လီး
and young people.  26. Physiotherapist:  26.သရဉ်နှသရဉ်မုဉ်ကူစါယါဘျါထုဉ်ပျံနစုအဆာခီဉ်အဆာတာ်ဟူးသဲ့ဂဲးဘဉ်အတာ်ဆါတဖဉ်– A professional that supports skills development in the areas တာ်အိဉ်ဆူဉ်အိဉ်ချအပျစဉ်နီးတဂၤလာအဆီဉ်ထွဲတာ်သွတာ်ဘဉ်တာ်နိုင်ထီဉ်	and young people. အိဉ်ချအဂ်ဂိန္ ဉ်လီး.  26. Physiotherapist: 26.သရဉ်နှာ ကျစ်ပြုတို့ မှုအဆာခ်ီ ခိုအဆာတာ်ဟူးသဲ့ ကာဘဉ်အတာ်ဆါတဖဉ် –  A professional that supports skills development in the areas of physical movement, posture and balance. They can teach you how to help you child with better movement where အကုပ်အင်္ဂနေးတာ် အခိုင်ငံ မှာ မောင်ကြေးတာ့ အခိုင်ငံ မောင်ငံ မောင	25. Paediatrician:	25.ဖိသဉ်အကသံဉ်သရဉ်–
and young people.  26. Physiotherapist:  26.သရဉ်နှသရဉ်မုဉ်ကူစါယါဘျါထုဉ်ပျံ နစ္စအဆာခ်ီဉ်အဆာတာ်ဟူးသံ့ဂဲးဘဉ်အတာ်ဆါတဖဉ်– A professional that supports skills development in the areas တာ်အိဉ်ဆူဉ်အိဉ်ချအပျစ်ဉ်နီးတဂၤလာအဆီဉ်ထွဲတာ်သံ့တာ်ဘဉ်တာ်နိုဉ်ထီဉ်	and young people.  အိဉ်ချအဂါနဲ့ ဉ်လီး.  26. Physiotherapist: 26.သရဉ်နှာ ကူ စါယါဘျဲထုဉ်ပျံ နှစ္စဆာဆီဉ်အဆာတာ်ဟူးသဲ့ ကာဘဉ်အတာ်ဆါတဖဉ် –  A professional that supports skills development in the areas of physical movement, posture and balance. They can teach you how to help you child with better movement where အကုန်အင်္ဂနီးတာ၊ လာအမှာ်တာ သို့ နှစ်ခြံနှစ်ခြန်းတာ၊ လေးလေးမှာ သောကြောင့် လေးလေးမှာ သောကြောင့် လေးလေးမှာ သောကြောင်းမှာ သောကြောင့် လေးလေးမှာ သောကြောင့် လေးလေးမှာ သောကြောင့် လေးလေးမှာ သောကြောင့် လေးလေးမှာ သောကြောင့် လေးလေးမှာ သောကြောင့် လေးသောက်သောကြောင့် လေးသောကြောင့် သောကြောင့် ပြုသောကြောင့် သောကြောင့် သောကြောင့် သောကြောင်းမှာ သောကြောင့် သောကြောင်းသောကြောင့် သောကြောင်းသောကြောင့် သောကြောင်းသောကြောင့် သောကြောင်းသောကြောင့် သောကြောင့် သောကြောင်းသောကြောင်းသောကြောင့် သောကြောင်းသောက်သောကြောင်းသောက	A doctor who specialises in the health of babies, children	ကသံဉ်သရဉ်လ၊အမ၊တါလီ၊လီ၊ဆီဆီလ၊ဖိသဉ်အီဉ်နှုံ့ဖိသဉ်ဖီးသးစါအတါအိဉ်ဆှဉ်
26. Physiotherapist: 26.သရဉ်နသရဉ်မှဉ်ကူစါယါဘျါထူဉ်ပျံနစုအဆာခြီဉ်အဆာတာ်ဟူးသဲ့ဂဲလာဉ်အတာ်ဆါတဖဉ်– A professional that supports skills development in the areas တာ်အိဉ်ဆူဉ်အိုဉ်ချုအပျာစဉ်နီးတဂၤလာအဆီဉ်ထွဲတာ်သဲ့တာ်ဘဉ်တာ်နိုဉ်ထီဉ်	26. Physiotherapist: 26.သရဉ်နသရဉ်မှဉ်ကူစါယါဘျါထုဉ်ပျ်နေအဆာခီဉ်အဆာတာ်ဟူးသံ့ကဲ့ဘဉ်အတာ်ဆါတဖဉ်– A professional that supports skills development in the areas of physical movement, posture and balance. They can teach you how to help you child with better movement where product.  A professional that supports skills development in the areas of physical movement, posture and balance. They can teach you how to help you child with better movement where အကုန်အကြီး တော်ထိုသို့သောတာဉ်ကါတပားနှင့်လီး.တာ်အားကသိဉ်လိုနာလာတာကမာဏနှစ်မဟုိနီးတာ်သုံးထိဉ်သုံးလီးအသီး	and young people.	အိဉ်ချအဂ်ိါနဉ်လီး
A professional that supports skills development in the areas တြံအို်ခြံချိတ်မျှစ်ဦနီးတဂ်လာအဆီဉ်ထွဲတာသွတ်ဘဉ်တာ်နိုင်ထီဉ်	A professional that supports skills development in the areas of physical movement, posture and balance. They can teach you how to help you child with better movement where အက္ဂါအဂ်ီးနီးတါအိုင်သည္ဟာထာင်ကြါတပာနည်လီးတြင်းတာသည်လို့နေးလာတ်ကြမ္မာစာနှစ်မည်နီးတာသည်လို့နေးလာတ်ကြမ္မာစာနှစ်မည်နီးတာသည်လို့နေးလာတ်ကြမ္မာစာနှစ်မည်နီးတာသည်လို့နေးလာတ်ကြမ္မာစာနှစ်မည်နီးတာသည်လေးသည်		
	of physical movement, posture and balance. They can teach you how to help you child with better movement where အက္ခါအင်္ဂါလိုးက်ပြီးလာအမွာ်တာဗြန္နားခြန္စားခြင္တာကို အင္ဒိုင္တာကို အင္ဒ	· · · · · · · · · · · · · · · · · · ·	
tinhyeical mayamant, nactura and halanca. Thay can taach Lilliaid Ricciae Colorada C	you how to help you child with better movement where အက္ဒါအင်္ဂီလိုအေတြကို အောင်္ဂြောက်တ္ပေးနှင့်လိုးတြင်္ပေးကသိုင်ငံမှာ အောင်္ဂြောက်တ္ပေးနှင့်လိုးတြင်းကသိုင်ငံမှာ အောင်္ဂြောက်တ္ပေးနှင့်လိုးတြင်းကေသင့် သောက်လေးမှာ အောင်္ဂြောက်လေးမှာ အောင်္ဂ		
	ago, isacisson အည်သို့ ကေလာက်မျှောင်လေးတာ၊အက်သည် လေးလေးလေးလေးလေးလေးလေးလေးလေးလေးလေးလေးလေးလ		ထိထိဉ်လ၊လိ1ကဝီးလ၊အမ္1တ1်ဇ်နိ1်ခ်ိနိ1်ခ်ိအတ1်ဟူးတ1်ဂဲၤ,တ1်အိဉ်ဆ၊
$(C_{(i)})$	ဂူးဇိန်ထိန်စဲအလိုးမှု်အိန်အခါနဲ့န်လီး	• •	အက္န္က်ာအဂ်ီးဇီးတာ်အိုဉ်သူဆာထာဉ်က်တပာန္ဉ်ာလီးတာ်အံုးကသိဉ်လိန္ဒးလာတာ်ကမာစာနှဖိယှာ်ဇီးတာ်သူးထိဉ်သူးလီးအသး
neeueu. ဂ္ဂၤဇိဉ်ထိဉ်စဲအလိါမှါအိဉ်အခါနှဉ်လီး		neeueu.	ဂုၢိဳန်သီဉ်ဖဲအလို၊မှါအိုဉ်အခါနှဉ်လီး









27. Psychiatrist:	27.ကသံဉ်သရဉ်ကူစါယါဘျါသးတၢ်ဆိကမိဉ်တၢ်ဆါတဖဉ်–
A doctor who has additional qualifications in helping people with mental health problems. As well as therapy, they may prescribe medications.	ကသံဉ်သရဉ်တဂ်လာအအိဉ်ဇီးက်၊စီတာ်သုတာ်ဘဉ်ဆူညါလာတာ်ကမ႞စားပြုလာအအိဉ်ဇီးနှိုသးတာ်ဂံ့၊ကိတဖဉ်နှဉ်လီး လာတာ်ကူစါယါဘျါအမဲာ်ညါ,အဝဲသှဉ်ဘဉ်တဘဉ်ကကွဲးနှာ်စွာ်ကီးကသံဉ်ကသီအလဲးမးတဖဉ်နှဉ်လီး
28. Psychologist:	28.သးဂ္ဂၢ်ီဝီပီညါအသရဉ်,သရဉ်မှဉ်–
A professional that can help your child develop healthy coping and problem-solving skills. Children with anxiety and depression will often be referred to a psychologist. Psychologists seek to build a relationship of trust with your child so they will feel safe in sharing their thoughts and feelings. A psychologist cannot prescribe medications.	ပှ၊စဲဉ်နီးတဂၤလာအမ၊စာ၊နဖိလာတာ်ကမၤအိဉ်ထိဉ်တာ်သဲ့လဲးခ်ီဖိုလာအဆုဉ်အချီဒီးတာ်သဲ့တာ် ဘဉ်တဖဉ်လာတာ်ကယ့ဉ်လီးဘှါလီးတာ်ဂ့ာ်ကီနှဉ်လီးဖိသဉ်လာအအိဉ်ဒီးတာ်သုဉ်ကိုာ်သးဂ်ီးဒီးတာ် သူဉ်ဟးဂ်ီးသးဟးဂ်ီးနှဉ်ညီနှစ်တာ်ကဆာယီးအီးဆူသႏာ့ာ်ဝီပီညါအသရဉ်,သရဉ်မှဉ်တဂၤအအိဉ် နှဉ်လီး-သႏာ့စ်ဝီပီညါအသရဉ်,သရဉ်မှဉ်တဖဉ်ယုကျိုးကျဲလာတာ်ကသူဉ်ထိဉ်တာ်ရဲ့လိဉ်မှင်လိဉ် အတာါနာ်နှစ်လိာ်သးတခါဒီးနဖိမ့ာ်ဒ်သီးအကတုစ်ဘဉ်တာ်ပူဖြုံးလာအကနီးဟုဉ်အတာ်ဆိကမိဉ်ဆိကမးတဖဉ် ဒီးအသးတာ်တူာ်ဘဉ်တဖဉ်နှဉ်လီး-သးဂဲ့စီပီညါအသရဉ်,သရဉ်မှဉ်နှဉ်ကွဲးဟုဉ်လီးကသံဉ်ကသီအ လဲးမးတဖဉ်တသဲ့တန့စ်ဘဉ်-
29. Referral:	29.တ်ဆု၊ယီး–
A letter from the doctor to a specialist asking for an appointment for you. If the referral is to a specialist in a public hospital, the hospital will contact you to make an appointment. If is it to a private specialist, you will need to make the appointment yourself.	လံဉ်ပရာလာအအိဉ်ဟဲဝဲနဉ်လာနကသံဉ်သရဉ်အအိဉ်ဒီးဆျယီးဆူကသံဉ်သရဉ်လီးဆီလာအဃ့ နှာ်တါသ့ဉ်နံးဖးသီတခါလာနဂ်ိါနှဉ်လီး ဖဲတာ်ဆျယီးအံးတာ်မ့ာ်ဆျာအီးဆူကသံဉ်သရဉ်လီးဆီ တဂၤလာအအိဉ်လာကမျာ်အတာ်ဆါဟံဉ်တဖျာဉ်အပူးနှဉ်,တာ်ဆါဟံဉ်အံးကဆဲးကျိုးနာလာတာ်ကမာတာ်သ့ဉ်နံးဖးသီနှဉ်လီး မှာ်ဆျဲဝဲနဉ်ဆူကသံဉ်သရဉ်လာအမာတာ်လာအကစာ်အတာ်ဖံးတာ်မာအလီ၊နေဝဲအအိဉ်တခီ,နက လိဉ်မာဝဲနဉ်တာ်သ့ဉ်နံးဖုံးသီလာနကစါနေဝဲနှဉ်လီး
30. Relationship services:	30.တာ်ရလာ်မှာ်လာဂ်္ဂါဝီအတာ်မာစာအတာ်ဖုံးတာ်မာတဖဉ်–
Sometimes couples or families need help with how they interact with each other. The Australian Government funds Family Relationship Centres across Australia to provide information and confidential assistance for families. These are for people from all cultural backgrounds at all stages in their lives. Many centres have developed approaches specifically to provide family counselling services to people of diverse cultural backgrounds.	တဘျိတခ်ိုင်စီမါဝးတဖဉ်မှတမှာ်ဟံဉ်ဖိဃိဖိတဖဉ်လိဉ်ဘဉ်တာမြာစာလာက်ကမားဘဉ်ထွဲလိဘ်အသးတ ဂးဇီးတဂးလာကျဲန်လဲဉ်နှဉ်လီး အီးစတ္ခြလယဉ်အပနိဉ်အစ္စဟ်ကီးလာဟံဉ်ဖိဃိဖိတာရဲလိာ်မှာ်လိဘ်အဝဲးလီး(Family Relationship Centres)လာအအိဉ်လာအီးစတြ့လယါစီတက်ိုညါအီးကဟ့ဉ်ဝဲစဉ်တာ်ဂ့ာ်တာ်ကျိုးစီးတာမာ စားလာအဘဉ်တာ်ဟ်အီးန်တာ်ခူသူဉ်လာဟံဉ်ဖိဃိဖိတဖဉ်အင်္ဂါနှဉ်လီး တော်သူဉ်တဖဉ်အီးမာ့စ်စဉ် လာပျာခဲလာာ်လာအလုာ်လာထူသနုတစ်သီးလိဘ်အသးတဖဉ်စီးတာ်အိဉ်မူအပတိုးခဲလာာ်ခဲဆဲ့အင်္ဂါနှဉ်လီး ဝဲးလီးအါဖျာဉ်မာအိဉ်ထိဉ်တဲ့ာ်လံကျိုးကွာ်လီးလီးဆီဆီလာတာ်ကဟ့ဉ်ဟံဉ်ဖိဃိဖိတဖဉ်စီးတာ်ဟာ့ဉ်ကျဉ်တဲသက်းအတာ်မာ စားအတာ်ဖုံးတာ်မာတစဉ်လာပျာကညီလာအလုာ်လာထူသနူလီးဆီလိဘ်သးတဖဉ်အင်္ဂါနှဉ်လီး











31. Routine:	31.ညီနှုံတာ်မျ–
A sequence of actions regularly followed. Every family has its own routines. They are important to children as they create a sense of an organised and predictable environment. Maintaining normal daily routines as much as possible can make it easier for children to deal with stressful events.	တာ်ဟူးတာ်ဂဲးလာတာ်ကျဲးဟ်အီးတခါလာညီနှစ်ိတ်ထွဲထိဉ်အခံနှဉ်လီး.ဟံဉ်ဖိဃီဖိကိုးဖျာဉ်စီးအိဉ်စီးအကစာ်အညီနှစ်ာမ်း တဖဉ်နှဉ်လီး.တာ်သည်တဖဉ်အံးအကါဖိခြဲဝဲနော်လာဖိသဉ်တဖဉ်အ ဂိုးဇ်အဝဲသည်နားအိုခ်ထိခ်သီးတာ်သည်ညါလာအဘဉ်ဃးနီးခိခ်္ခဃားတာ်အိခ်ဝးတရုံးလာတာရဲခြဲကျဲးအီးနီးတာ်တယာ်ဆိ ကမိခ်ဆိဟ်အီးသံ့နှဉ်လီး.တာ်ဟုံးဃာ်ပားဃာ်ပတိုာ်မှာ်ကိုးနုံးစုံးညီနှစ်တာ်မာတဖဉ်မှာ်သုဝဲနော်လာအအာါနှဉ်မာညီလီးနှစ်တ လာဖိသဉ်တဖဉ်အဂ်ိုလာအကက္ကာ်ဆာဉ်မှာ်တာ်မာအသီးတဖဉ်လာအကဲတာ်သူခ်ကိုသားဂ်ီးနှာ်လီး
32. SIDS (Sudden Infant Death Syndrome):	32. SIDS (ဖိသဉ်ဆုံးအတာ်သံသတုက်လာအပနိဉ်ဖိုဉ်)–
The unexplained death, usually during sleep, of an apparently healthy baby less than one year old. SIDS is sometimes known as 'cot death' because the infants often die in their cot (bed).	တာ်သံလာတာရဲပ္ခႏအင္တာကန္နာ်,ညီနုက်ထိီဉ်ဝဲနဉ်ဖဲအမံအကတိာ်နီးလီးဆီနဉ်တာကြဲထိဉ်ဝဲနဉ်နီးဖိ သဉ်လာအဆူဉ်အချလာအသႏနံဉ်စုးနိဉ်နှုံးနံးတနံဉ်နှဉ်လီး.SIDSအံးတဘိုတခ်ီဉ်တာ်သ့ဉ်ညါအီးန်"တာ်သံ လာဖိသဉ်အလိုးမံခး" 'cot death' မှာ်လာဖိသဉ်ဆံးတဖဉ်ညီနာ်သံဝဲနဉ်လာအဝဲသ့ဉ်အလိုးမံခး(လိုးမံ)အပူးနှဉ်လီး
33. Socialisation:	33.တာ်ရှလိာ်မှာ်လိာတာ်–
Learning how to behave and interact with other children and adults in a socially and culturally appropriate way.	တာ်မၤလိန္နာ်တာ်ဘဉ်ဃးတာ်ကဒိသျဉ်ဟ်သးဒီးခီဆာဇုးဘဉ်ဃးလိဉ်သးဒီးဖိသဉ်လာအဂၤတဖဉ်ဒီးသးပျာ် တဖဉ်လာအဖိးမံဒီးပုၤဂ့ာ်ဝိဒီးလှာ်လာ်တာ်ဆဲးတာ်လာအကျိုအကွဉ်တခါနှဉ်လီၤ
34. Speech pathologist:	34.သရဉ်•ှသရဉ်မှဉ်လ၊အကူစါမ၊ဂ္ၢထီဉ်တၢ်သ့စံးသုကတိ၊အတၢ်ဂ္ဂါကီ–
A professional who offers strategies that may improve communication skills. They can also provide advice about a child's feeding and eating skills.	ပှာစဲဉ်နီးတဂၤလာအဟ့ဉ်တာ်မၽာကျဲခိဉ်သှဉ်တဖဉ်လာဘဉ်တဘဉ်ကမၤဂ့ၤထိဉ်တာ်ဆဲးကျိးဆဲးကျ အတာ်သ့တာ်ဘဉ်တဖဉ်နှဉ်လီၤ အဝဲသ့ဉ်ဟ့ဉ်စ့ာ်ကီးတာ်ဟ့ဉ်ကူဉ်ဟ့ဉ်ဖးဘဉ်ဃးဖိသဉ် တဂၤအတာ်သ့အီဉ်တာ်နီးတာ်အီဉ်တာ်အီတာ်အတာ်သ့တာ်ဘဉ်တဖဉ်နှဉ်လီၤ
35. Subsidised:	35.ဟုဉ်မလှု၊စာနေ့ါတ်၊ –
Means 'supported financially'. In Australia, many services working with children are 'subsidised' by the government. This reduces the cost of the service to you.	အခ်ိပည်နှဉ်"တာဆိုဉ်ထွဲလာကျိဉ်စ္စတကပւ"နှဉ်လီး လာအီးစတြှလယါအပူး တာ်မာစာအတာ်ဖံး တာ်မာတဖဉ်အိုဉ်ဝဲအါမးလာအမာသကိုးတာ်နီးဖိသဉ်တဖဉ်နှဉ်နှာ်ဘဉ်"တာ်ဟ့ဉ်မာပှဲာစားနှာ်တာ်"လာပနိဉ်အအိုဉ် နှဉ်လီး တာ်အံးမာစှာလီးတာ်မာစာအတာ်ဖံးတာ်မာအလဲလာနဂ်ီာနှဉ်လီး
36. Tantrum:	36.တာ်သူဉ်ဖိဉ်သးဖြိုး–
An emotional outburst that is typically characterised by stubbornness, crying, screaming, and a resistance to attempts to stopping this behaviour. It may occur when a young child is frustrated or tired.	သးအတာ်တူ်ဘဉ်တခါလာအပိါဖးထိဉ်ဒီးညီနု၊်နှဉ်ဖျါထိဉ်ခီဖြိတ်၊ပဉ်ကိုအခိဉ်,တာ်ဟိဉ်,တာ်ကိုးပသျ,နီးတာ်မာထီဒါတြီ ဆာတခါဆူတာ်ထဲးဂ်ာ်ထဲးဘါလာတာ်ကမၤပတုာ်တာ်သကဲာ်ပဝးတခါအံးနှဉ်လီး တာ်အံုး ကဲထိဉ်ဝဲဖဲဖိသဉ်သးစာ်တဂဏသးမှာ်ဘဉ်တာ်တာ်မှတမှာ်လီးဘုံးလီးတီးအခါနှဉ်လီး
37. Toddler:	37.ဖိသဉ်ဟးလာအဓီဉ်သ့–
A child aged between 1 and 3 years old.	ဖိသဉ်တဂၤလာအသးနံဉ်အိဉ် 1နံဉ်ဇီး 3 နံဉ်အဘာဉ်စားတဖဉ်နှဉ်လီး











38.Toilet training:	38.တါသိဉ်လိထိးအ့ဉ်ထိးဆ့ဉ်–
Is about teaching a child to use the toilet or 'potty' instead of wearing a nappy. Generally, signs that your child is ready for toilet training appear from about two years old. Some children show signs of being ready at 18 months while others a bit later than two years of age.	မ့်၊တာ်လာအဘဉ်ဃးဒီးတာ်သိဉ်လိဖိသဉ်တဂၤလာအကသူတာ်ဟးလိၢိမ့တမ့်၊ "အ့ဉ်ဆံဉ်သဏ" လာ တာ်ကူဝဲဒဉ်ဘဲဘိဉ်ခံအလိၢိန္ဉ်ာလီးညီနု၊်နှဉ်•တာ်အပနိဉ်တဖဉ်လာနဖိအံးအခါဘဉ်ဝဲဒဉ်လံလာ အကမာလိအသးလာတာ်ထိုးအ့ဉ်ထိုးဆံဉ်အဂ်ိၢိန္ဉ်ာအိဉ်ဖျါထီဉ်ဝဲဒဉ်စးထီဉ်စဲအအိဉ်ဝဲဒဉ်ခံနံဉ်ဃဉ်ဃဉ်နှဉ်လီး ဖိသဉ်တနီးနှဉ်ဖျါတာ်ပနိဉ်တဖဉ်လာအအိဉ်ကတာ်ကတီးလံအသးလာတာ်သိဉ်လိအဂ်ီ၊စဲအသးအိဉ် 18လါစဲအဂၤတဖဉ်စဲးခံဒိဉ်န့၊်ဒံးသးနှံဉ်ခံနှံဉ်နှဉ်လီး.







