# Cultural Competence in Communication

This tip sheet covers one of seven domains used to measure cultural competence. Each domain includes a set of indicators of good practice.

How to support the effective and culturally appropriate exchange of information between your organisation and its clients, and between staff members.

## Why is it important?

Culturally competent communication is critical for all aspects of service delivery. It can break down barriers, improve access to services and support better health outcomes for clients. It is equally critical for staff wellbeing and satisfaction.

## Understanding different communication needs and styles of client population

### Indicators

- There is a system to identify and record population and client language preferences, literacy levels and level of English proficiency.
- Staff receive training in cross-cultural communication.
- Staff apply effective communication techniques with diverse groups.

### Good practice example

Hospital staff are introduced to interviewing tools that can be used to elicit sensitive information from clients. These tools allow clients to name and frame issues in their own words and understanding; they are used prior to filling out assessment forms. Staff also learn to check for client understanding by asking open-ended questions.

## Culturally appropriate oral communication

### Indicators

- Staff are trained in the appropriate use of qualified interpreters.
- Protocols are established for when and how to elicit sensitive information from clients.
- Clients can communicate in their preferred language/dialect at point of first contact and at all levels of interaction with the organisation.
- Clients can understand interpreted material.
Culturally appropriate oral communication (continued)

Good practice example
A disability service trains all client service staff in working with interpreters. There is a centralised booking system for interpreters and processes for collecting feedback from staff and clients. Clients are provided with in-language information on interpreters and client files are marked with ‘interpreter required’ stickers to alert staff that an interpreter needs to be booked at each appointment.

Culturally appropriate written communication

Indicators
• Printed, online and audiovisual materials are appropriate to the literacy of target populations.
• Quality review mechanisms are established to check the integrity of translated materials.
• Culturally appropriate ways to disseminate written materials are identified.
• Clients understand written materials.

Good practice example
A hospital discards its plan to translate its current nutrition booklet into Dinka, when it identifies that there are low literacy rates in this language amongst its target group. Instead, the dietician meets with community representatives to explain the information in the booklet. She discovers that the content needs to be modified to address the group’s level of knowledge, beliefs and dietary practices. As a result the hospital produces a simple poster that uses pictorial information and culturally appropriate food items.

References
• This tip sheet is based on Indicators of Cultural Competence in Health Care Delivery Organisations: An Organisational Cultural Competence Assessment Profile, prepared by the Lewin Group Inc. under contract with the USA Department of Health and Human Services (2002).
• Refer to the CEH Language Services tip sheets for guidance on using interpreters: www.ceh.org.au/resources/publications.aspx

Other tip sheets in this series

A framework for cultural competence
Cultural competence in organisational values
Cultural competence in governance
Cultural competence in planning, monitoring & evaluation
Cultural competence in staff development
Cultural competence in organisational infrastructure
Cultural competence in services & interventions