

Our Refugee Clinic

GPs helping refugees & colleagues



Bhutan



DR Congo



Eritrea



Ethiopia



Iran



Liberia



Myanmar



Sierra Leone



Sudan

The clinic was developed in 2007 by General Practice North in collaboration with, and part funding from Dept. Health & Human Services (Tas) in response to the need identified by GP members. The clinic aims to assess, initiate and complete treatment prior to transfer to mainstream general practice.

Model Advantages

GP Led Clinic:

- Ability to view client in a holistic manner
- Ability to treat/manage variety of health issues
- "Team" approach – nurse, IHSS staff & acute care
- Introduction Australian health system, including:
 - Community general practice
 - Allied Health care
 - Acute care
 - Preventative health care concept
- Electronic general practice compatible software
- Female GPs for culturally sensitive services e.g. women's health checks and contraception
- Medicare rebated services

Designated Refugee Clinic – Sentinel Practice

- Ability to maintain accurate community databases
- Ability to track & identify emerging medical issues
- Authorised vaccination clinic
- Ability to contribute to research e.g. Vit. B12

Based within the Migrant Resource Centre North:

- Familiar surroundings for clients
- Proximity to IHSS workers for coordination

Integrated Humanitarian Settlement Strategy Case Workers & Trauma Support
based at Migrant Resource Centre

Launceston General Hospital

- **CNC Refugee Health** Mantoux testing
Client advocacy
Social Worker
- **Specialist Clinics**

Refugee Primary Health Care Clinic
GP led assessment and immunisation clinic
based at Migrant Resource Centre

HISTORY - key points

General (weight loss, fever)
Skin (rash, scars, wounds)
Neuro (seizures, headache, vision, hearing)
ENT (carries, discharge)
Respiratory
CVS
GIT
GU (pregnancy, discharge, bleeding, female circumcision)
Musculoskeletal (limp, pain, swelling)
Psych (depression, anxiety, nightmares, suicidal ideation)
Developmental status (children)

EXAMINATION - key points

General appearance (malnutrition)
Adenopathy
Eyes
Head and neck (lymph nodes, masses)
Respiratory
CVS
Abdomen
Pelvis
Extremities (swelling, limp)
Central and peripheral neurological disease
Skin (scars, wounds)
Developmental status (children)

INVESTIGATIONS

Full Blood Count
Vit. B 12
Manual Film
Serum Electrolytes
Liver Function Tests
Calcium and Phos levels
Thyroid Function Tests
Vitamin D levels
Serum iron
Hepatitis B & C serology
Helicobacter serology
HIV serology
Syphilis testing
Strongyloides serology
Schistosomiasis serology
Malaria thick and thin films
Faecal samples for ova, cysts and parasites
Urine Chlamydia and routine U/A

Comprehensive Catch-up Immunisation Program

Childhood schedule according to age
Adult schedule according to age
Mantoux testing – refer to Chest Clinic



Dr Maxine Manifold & Sue Saltmarsh RN
General Practice North
PO Box 2086
Launceston, 7250
Tasmania
PH: 03 6331 9296